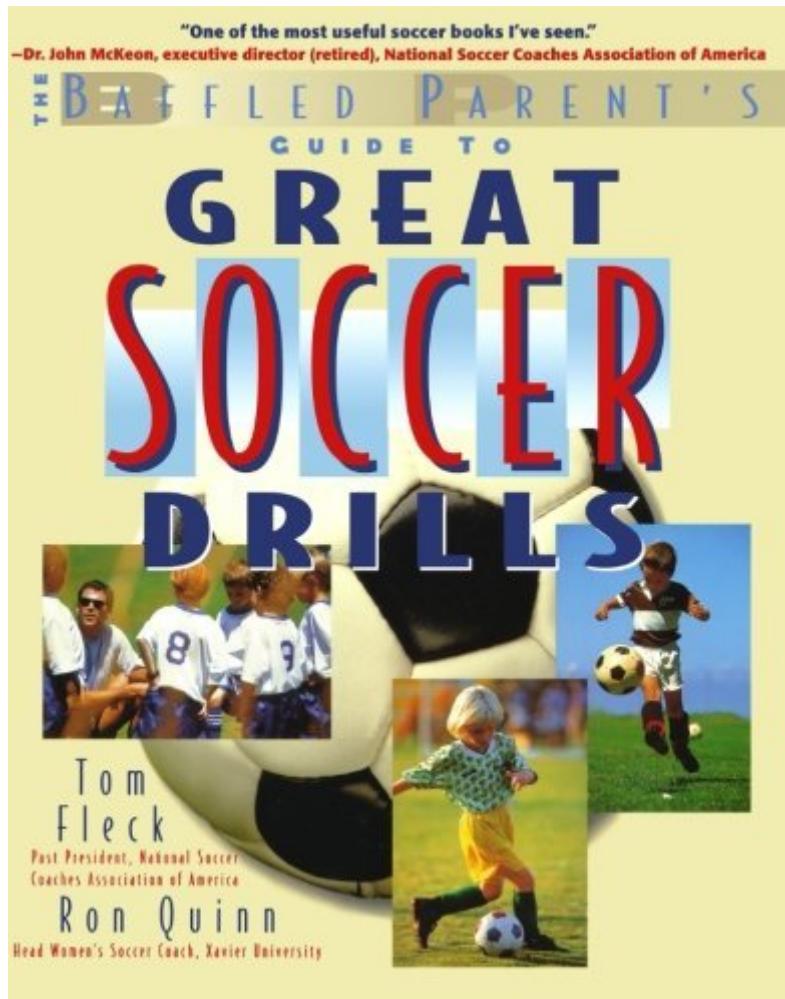


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# The Baffled Parent's Guide To Great Soccer Drills (Baffled Parent's Guides)



## **Synopsis**

A PAPERBACK ORIGINAL A games-based alternative to tedious rote exercises, guaranteed to keep practices fun, engaging, and productive Great Soccer Drills provides soccer coaches with a great way to make every soccer practice active, fun, and productive. Coaches get 125 games guaranteed to keep kids moving and excited while teaching them basic skills, sharpening their reflexes, and building their confidence and decision-making ability. Written by two of North America's foremost names in youth soccer coaching, it also includes guidelines on how to create just the right blend of drills to hold the attention of six- to twelve-year-old players. Great Soccer Drills can be used in conjunction with the bestselling Coaching Youth Soccer: A Baffled Parent's Guide or as an excellent stand-alone resource for spicing up any practice.

## **Book Information**

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## **Customer Reviews**

As a great follow-on to the original "Baffled Parent" beginner book from Bobby Clark, this one is much more than just practice games. It contains the type of wisdom you will hear in the USSF "D" and NCSAA Regional Diploma courses, so that the novice coach has more to go on than simply doing some game because it's in the book. It should help him/her to structure practices that make

the players think, keep them active, and work towards a theme. It goes beyond telling them not to do the three "L"s (laps, lines, lectures) and gives them some tools so they know what they should do instead. I'm buying 150 of them for the coaches in our rec program. Also recommend the McAvoy and Luxbacher books.

This book has great drills involving the entire team so the kids don't have to stand in line waiting for their turn, getting antsy and goofing off. I'm coaching U12 boys and while I thought the first section of drills was a bit basic the rest were awesome. And looking back, the basic drills are good for warm-ups and fun, short little exercises. There's an index in the back that shows you which drills help with which skills. I highly recommend this book. I'm looking forward to putting the drills in action.

If you've never played soccer but want to coach your son or daughter's team - buy this book. About the only place it comes up short is in teaching the really little ones (Kindergarten / 1st Grade...but it still helps) but all in all it's been an invaluable tool for me. I've used it for 5 years now and have lent it to several people. A very good buy.

I found this book to be very useful. I am a 1st time soccer coach this year and I love the fact that this book went step by step and that it divided things out according to age. I had my 1st practice last night and it was a huge success. Thank you!

Don't let the title fool you. This is a great book for coaches who want to have fun at their practices and games that teach skills. Use the games at the beginning of practice and the kids will have fun, pay attention and improve.

As a fledgling volunteer soccer coach, I had only a slight idea of what to do when signing up to coach a U-8 boys team. I picked up this book at the library and it was good enough to buy. There are a lot of good activities for all age groups, from peewees to high school. Some of them seem silly and unrelated to soccer, but the youngest of soccer players are still learning coordination, which is their left and right sides, and how to move in space. The key to keeping kids playing and excited about soccer is to make it fun, while building critical skills. I think the authors did an excellent job in accomplishing both. My players enjoyed the activities (don't call 'em drills) I used from this book. I highly recommend this book to any parent thrust into a coaching role. There is great advice on

building a practice plan, managing practices, and teaching players. Anybody want to play Gladiator Ball? I've got a group of U-8's that can take on anyone, anytime, anywhere....

It's ok. I read it and it was useful but nothing more than what I can find them from online. There are a lot of drills here but I rather have 1/10th of what is listed with much more details on how to run them.

This another good soccer book with great games. It's a great supplement to Coaching Youth Soccer: A Baffled Parent's Guide, however if you are planning on only purchasing one go with Coaching Youth Soccer.

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